

connection

President Remarks: Power of a positive attitude



**Kathy Harvey,
President**

things are going well. The people that I admire are those that remain positive and even tempered at all times, in any situation.

Writer and philosopher, James Allen said, "Circumstances don't make a man. They reveal him." We may not always be able to control events in our life or what happens to us. We certainly cannot control other people. But we can control how we react to them. When we are feeling stressed or under pressure, when

Often when deciding what to write for the *Connection*, I pick a topic that has affected me personally in the past month.

This month I am going to talk about attitude.

Anyone can have a positive attitude when

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don't make a man.
They reveal him.”**

-James Allen

we are in a situation that is undesirable, we can make a conscious decision of how to respond to the difficulty.

Maintaining a positive attitude regardless of circumstances is a choice, but requires discipline. The good news is that our choices become habits; habits become character. If you consistently make a decision to be positive, even

when confronted with unexpected challenges, a positive response will become a part of your personality.

Think about your most important lessons. Chances are they were learned from difficulties, more so than from good times. When you are

willing to face obstacles with a positive attitude, you will be able to see the opportunity within the problem.

"Our lives are not determined by what happens to us but by how we react to what happens, not by what life brings to us, but by the attitude we bring to life," Anon.

New mayor to speak at May's membership meeting

Every year, the Saint Paul Jaycees invite the sitting mayor of St. Paul to speak at our General Membership Meeting (GMM). On May 25, Mayor Chris Coleman is scheduled to talk about the "state of the city" and other topics of interest to the chapter.

Commonly referred to as the "Mayor's Social," the May GMM will take place at O'Gara's, with the Membership Forum and Networking Hour beginning at 6:00 p.m. and the program beginning promptly at 7:00 p.m. Due to the popularity of this event, arrive early to get a seat. Food will be served and the dress is business attire. Contact Amy Zajack for more information (651) 206-3763, azajack@yahoo.com or sign up online at www.stpauljaycees.org then click on Calendar of Events.



Outdoor events = summer fundraising opportunities

Summer festivals offer the Jaycees huge fundraising and volunteer opportunities. What better way to spend your free time by working outside, listening to bands and being around a festive crowd, while you are raising money for a fantastic cause - our chapter?

Summer events usually involve serving beer. So all volunteers need Alcohol Awareness Training. These events require a lot of volunteers and we are also looking for chairs for these events! If you are interested in participating please contact Management Development Vice President, Marty Pleasant.

Fundraising Summer Calendar

Alcohol Awareness Training - May 25 - 6:00 p.m. - O'Gara's before GMM

Alcohol Awareness Training - June 2 - 6:30 p.m. - The Happy Gnome during Meet and Greet

Beer pouring at the City Pages Beer Festival - June 3 - 4:30 p.m. - 10:00 p.m. - Calhoun Square

Wristband sales at Grand Old Day - June 4 - 10 a.m. - 5:30 p.m. Grand Ave., St. Paul

Basilica Block Party beer pouring - July 7 and 8 - 4:30 p.m. - Basilica of St. Mary

Ticket sales at Ribfest - July 27-30 - Harriet Island

Saint Paul Jaycee membership - \$70
Appetizers at a General Membership Meeting - \$8
Donate/volunteer at a Joseph C. Uchtyl Blood Drive - PRICELESS.

Become someone's hero by donating blood and/or helping out in the canteen or at the front desk at the Joseph C. Uchtyl Blood Drive on May 13, starting at 8 a.m. at the American Red Cross of the St. Paul Area. Sign up online or contact Paula Krumholz 612-805-0678.

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Interested in making a difference by being on the 2006 Board of Directors? Contact President Kathy to find opportunities.

Volunteers needed for annual school parade

As one of the longest running Jaycees projects in the country, the St. Paul School Police Patrol Parade and Picnic should not be missed. On May 9, the city will recognize the fifth and sixth grade crossing guards involved with the St. Paul School Patrol.



2004 student parade participants

A parade of crossing guard units and school bands starts off the day with local city leaders on hand to judge the parade units. Immediately following the parade, buses take the children to Como Park for a picnic and games. Volunteers will assist by coordinating the parade line-up and monitoring the start area. Help the Saint Paul Jaycees continue this historic event. See the website for details and to sign up to volunteer.

Local child outreach program calls for Jaycees

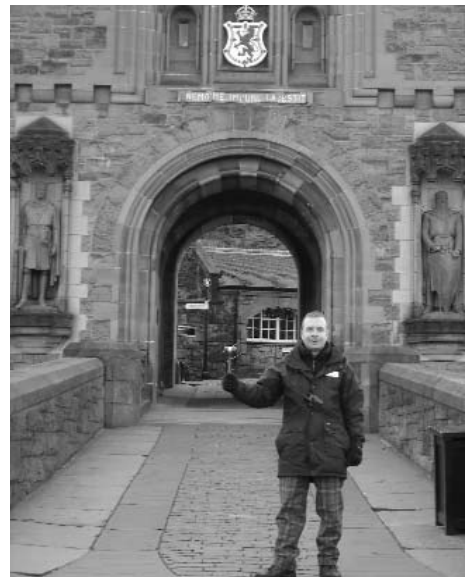
Project SUCCESS is a local organization committed to providing a non-judgmental, supportive setting where students can learn to assess themselves and their options regarding their future.

For many years, the Saint Paul Jaycees have supported the Project SUCCESS efforts. Project SUCCESS needs volunteers to help them host roughly 2,500 children & their families at a Minnesota Twins baseball game on May 2. Volunteers will meet at 5:30 p.m. at the Metrodome and will chaperone children, hand out flyers/calendars, help families check in or with the pre-event party. Everyone who volunteers gets a free ticket to the game. Contact Matt Dougherty (651) 686-4565 mattj-dougherty@yahoo.com for more information.

Where in the World is President Kathy's gavel

While Kathy's been slaving over awards, her gavel travels abroad.

From left to right: The gavel visits the Wimbledon Press Interview Desk, meets up with a conductor of the "Flying Scotsman" train and hangs out in front of the Edinburgh Castle gate.



Personal Finance - Credit Card Seminar

The Individual Development team kicked off the Personal Finance series with "Know Your Credit Score" at the April General Membership Meeting, followed by a retirement planning seminar on April 26. Please join us for our third installment in the Personal Finance Series - "Credit Cards." Attendees learn all the ins and outs of credit cards, including how to find the "gotchas" in credit card offers, how fees are assessed, how payments are applied and impacts to your finances and credit scores. Join us on May 10 at the Xcel Energy Conference Room in the St. Paul Chamber of Commerce. The program begins at 6:30 p.m., light refreshments will be served. Contact Amy Zajack for more information (651) 206-3763, azajack@yahoo.com or sign up online.

Membership Trivia

The Membership Forum runs from 6:00 p.m. to 6:45 p.m., prior to the General Membership Meeting at O'Gara's.

May Membership Forum Topic: "Road Runs - What is it, where is it and how I can join in the fun?"

The membership team will give away one \$10 gift certificate to the place of your choice to the attendees of the Membership Forum who answer a trivia question related April's Membership Forum.

Answer to April Connection Trivia:

This is the 49th year of Les Farrington Best 100 Juried Art Exhibition. Next year is our 50th anniversary of this event!

May Trivia Question:

Name three road run opportunities coming up May-July.

All participants of the Membership Forum must submit the answer via e-mail to weber14us@yahoo.com by May 17, 6:00 p.m. central time. All correct answers will be entered into a drawing and the winner will be chosen at the May General Membership Meeting. You need not be present to win.

Live Trivia Pub Quiz

O'Gara's Bar & Grill

164 N. Snelling Avenue, St. Paul
(651) 644-3333

May 16, 2006 7:00pm -- ?

Six rounds of live trivia. Topics cover movies, sports, music, current events and more!!

Test your knowledge, have fun with friends and earn bragging rights! Teams can be up to five members.

\$15 per team

Check out www.stpauljaycees.org for more information!

Hosted by native Irishman John Cosgrove & Supported by:



New Members

We encourage all new members to attend our Membership Forum, to learn more about our organization and programming. Welcome to the following new members.

Ericka Pokorski
Cory Peterson
Jessica Hiveley
Lisa Clasen
Sue Welton

Jaycee of the Month

Congratulations Amy Bicek. Amy ran a stellar leg of the Les Farrington Triple Play. Amy went above and beyond the normal event activities and provided the kids of the American Indian Magnet school and Jaycee volunteers a one of a kind look at the innerworkings of our state capitol. Thanks Amy!



Family Tip: The art of negotiation

Andrea D. Suchy-Shinn
Family Chair

After many frustrating arguments with my son about everything, I decided something had to change. I got sick of arguing about what clothes he should wear, his haircut, dirty room, etc. Then it dawned on me. If all I have to complain about is a dirty room and a haircut, I must have an outstanding teenager! Let's face it, there's so much more I could be concerned about such as drugs, alcohol, drinking and driving, sex and dropping out of school.

So, I sat down and made a list. My list included behaviors that were absolutely non-negotiable. These were behaviors that were at the core of my belief system and values. Everything else was negotiable. If he had a great week, I would let him have more privileges. Giving a child more privileges means more responsibility. More responsibility means more accomplishments. Accomplishments help them to grow into happy healthy members of society. He/she realizes they are capable, responsible

and worthy. If the child fails, it's a lesson learned.

Of course, I had to set boundaries. Some boundaries included life lessons that if my child failed would permanently affect his future. Also, I had to create age appropriate non-negotiable behaviors. The same list I created for my teenager wasn't appropriate for my 7-year-old nephew. My list helped me understand that not everything has to be an argument. It taught me to allow my son to take on more responsibility. It taught my son the art of negotiation.

Disclosure: I'm not a psychologist. I am only a parent, relating some tips that have really helped me. I am always looking for other tips. Feel free to send them to me at Suki_1@hotmail.com

Don't forget the next family friendly event, we're going to the Science Museum on May 21!

ID Team swears in new Rec Director

Brian Ritchie
Recreation Director

My name is Brian Ritchie, and I am the new Recreation Director. I am new to the Twin Cities area – my wife and I moved here from Cleveland, along with our son, Brendan. I joined the Jaycees in February, and I've really enjoyed it. I've met a lot of wonderful people and I'm looking forward to meeting the rest of the group.

Even though we don't have anything to specifically under Recreation for May, I am very excited about all of the events that we have in the works for this coming summer. We will be going camping, taking a canoe trip, going to a St. Paul Saints game, doing a light rail pub crawl and hopefully having a poker tournament as well. We are also trying to plan some fun outdoor activities including volleyball, softball, flag-football, trap shooting, scuba diving and a Segway tour. These events are still in the planning stages and need chairpersons, so if you are interested in chairing one of these events, or if you have any suggestions for other possible events, please contact me at (440) 749-5959 or by email at: ritchie7635@msn.com. I look forward to seeing you at the next Jaycee recreation event!

Upcoming Meet & Greets

Network with your fellow Jaycees at this monthly event. Meet and Greets are the first Friday of every month and it is purely a social event, no Jaycee business is discussed.

May 5 - The Grand 7 Bar
June 2 - The Happy Gnome



Hit the Jackpot Spring All-State Convention

Spring All State - May 12-14, 2006, 2006
Host Hotel: Jackpot Junction - Morton, MN
Phone Number: (800) WIN-CASH for
reservation information
Room Rates: \$69/night
Late Registration: \$65



Connection Correction Saint Paul Jaycees: A legacy of great debaters

Correction to the April 2006 article, "Chapter members take National Championship." It read, "This is a first for the Saint Paul chapter to compete at Nationals and a first for the Minnesota State Jaycees to win the national competition. "

Please note that this was NOT the first time a Saint Paul Jaycees debate team competed at a National Convention. The Saint Paul Chapter sent members to compete in the Debate National Competitions in 2003 and 2004. In 1999, Saint Paul members won at the state level but opted not to compete at Nationals.

Sorry to the former national competitors for the misrepresentation. Please note, *Connection* is reviewed monthly by the President, Admin VP and a member at large. However, more eyes are always welcome. If you are interested in being part of the monthly editing process, please contact Joy Goodwin at justjoy1@gmail.com.

MAY EVENTS DETAIL

Details as of press time, please see www.stpauljaycees.org for updates

2nd - Project SUCCESS Twins Game

5:30 p.m. - 10:30 p.m.
Hubert H. Humphrey Metrodome
900 S 5th Street, Minneapolis
Matt Dougherty at (651) 686-4565

5th - Meet and Greet

6:00 p.m. at The Grand 7 Bar
315 W. 7th St, St. Paul
Greta Utvik at (651) 457-3310

5th - Region 6 Awards

6:00 p.m. at the Fridley VFW #363
1040 Osborne Road NE, Fridley
Anneke Schultz at (651) 917-8272

9th - St. Paul Police Patrol Picnic and Parade

9:00 a.m. - 11:00 a.m.
4th Street and Sibley, St. Paul
Matt Dougherty (651) 686-4565

10th - Credit Card Intelligence

6:30 p.m. to 8:30 p.m.
Saint Paul Chamber of Commerce
401 Robert St, St. Paul
Amy Zajack (651) 206-3763

12th - 14th Spring All State Convention

Jackpot Junction
39375 County Highway 24, Morton
Anneke Schultz at (651) 214-9614

13th - Joseph C. Uchtyl Blood Drive

8 a.m.- 12:00 p.m. Red Cross Donation Center
176 Robert St. South, St. Paul
Paula Krumholz at (612) 805-0678

16th - Pub Trivia

7:00 p.m.- 9:00 p.m. at O'Gara's Bar
164 Snelling Ave N, St. Paul
Elyssa Weber at (651) 324-2415

21st - Family Event

1:00 p.m. - 5 p.m.
Science Museum of Minnesota
120 West Kellogg Blvd, St Paul
Tara Broker at (612) 708-7798

25th - Mayor's Social

7:00 p.m.- 9:00 p.m. at O'Gara's Bar
164 Snelling Ave N, St. Paul
Amy Zajack at (651) 998-0437

Board Meetings are on the second and fourth Monday of every month, starting at 6:00 p.m. at the Saint Paul Chamber of Commerce offices and are open to the general membership.

Regional Meetings are on the third Monday of every month at 7:00 p.m.

Check the website for location.

MAY CALENDAR OF EVENTS

Selected Road Run opportunities are indicated in *italics*.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5 Meet and Greet <i>Regional Awards</i>	6
7	8 Board Meeting	9 St. Paul Police Patrol Picnic and Parade	10 Credit Card Intelligence	11	12 <i>Spring All State Convention</i>	13 Blood Drive <i>Spring All State Convention</i>
14 <i>Spring All State Convention</i>	15 <i>Regional Board Meeting</i>	16 Pub Trivia	17	18	19	20
21 Family Event: Science Museum	22 Board Meeting	23	24	25 Mayor's Social	26	27
28	29 <i>Memorial Day</i>	30	31			
		May Birthdays Chris Angell, Chris Aune, Ann Carol, Jessi Heller, Louis Hernandez, Dave Kunert, Karen Merry, Smita Myran, Rachel Rodriguez, Rob Sakkinen, Karen Schadendorf, Barb Uchtytil, James Wasieleski				

JAYCEE CREED

We Believe:

- That faith in God gives meaning and purpose to human life;
- That the brotherhood of man transcends the sovereignty of nations;
- That economic justice can best be won by free men through free enterprise;
- That government should be of laws rather than of men;
- That earth's great treasure lies in human personality;
- And that service to humanity is the best work of life.

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THANK YOU

- Thank you to **Debbie Ackerman, First Lady Erin McComb, Dan Salzl, Andrea Suchy-Schinn** and **Greta Utvik** for Making a Difference by running our April Individual Development events.
- **Elizabeth Lukanen** for chairing the third leg of the Les Farrington Triple Play.
- **Sara Martin** and **The "Best 100" Committee** for continued success in our historic event.